## "Rest In His Presence" By Kirk Hunt

And He said, "My Presence will go with you, and I will give you rest."

Exodus 33:14 NKJV

It has been a long year. Take a moment to sit here and receive His restoration. Pause in His presence, and accept His rest.

There is a comforting space in His arms, just for you. He wants to speak special encouragement to your soul. He longs to speak the love of His heart, directly to yours.

Too many of God's people engage in non-stop frenzy. Rush here. Speed there. If there is time to breathe than you are idle, if not lazy.

Playing through the <u>rest notation</u> in sheet music ruins the song. Playing a sport without proper rest exposes the player or team to mistakes in play and injury in their bodies. Champions rest.

Rest allows restoration. A pause allows thoughtful consideration of past results. Insightful and innovative strategies grow from deliberate stops in the action.

His presence is a pleasant place. Yes, there may be correction or conviction. Still, there will be affection and care beyond your highest expectations. Your Father calls to you. Let Him love you for a while.

Spend your money on a quiet, restful, place and space. Let the God of Heaven restore and replenish you. There will be time later for hurly-burly. Make time now for the warmth and caring that only He can give.

**Think:** God's presence empowers His men and women through rest and restoration.

**Pray:** "Lord, let me pause here, in Your presence, and receive Your restoration."

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